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May 2009

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Mamapalooza!

CELEBRATING
MOM ARTISTS

Vanessa
WILLIAMS

WHY WE NEED
Westchester
Children's
Museum

**Mother's Day
Makeover**

One Deserving Mom's
Transformation

PLUS:

- Summer Programs
- Bike Safety and Products
- Memorial Day Weekend Events

Special Mom Makeover!

Happy Mother's Day!

By Jean Sheff Photos by Sonia Tatlock

As any mom knows, we can all have a tough day or week or month, or in some cases years. My sister, who is a pediatric nurse, is always astonished by the courage of her little patients, but she says after 20 years on the hospital floor she's come to see that parents are the real heroes. Their unfailing strength, hope and love are a constant source of admiration to her and her staff. She has seen mothers behave as bravely as any battlefield soldier. Yet, if you ask any one of these moms how they give so much they would merely say there is no other way to be – a mother's love runs deep.

Recently, one particular mom came to the attention of our magazine. It seemed she deserved some tender loving care, so we approached her with the idea of a mom makeover. Hesitant at first, she agreed to it if in the end it would do some good not only for her, but for children as well. Being mothers we couldn't argue with that.

Our Mom – Her Cause

Our makeover mom, Lynn Doxey, a 42-year-old mother of two from Yorktown Heights has spent the last three years in hospitals. With a background in biology and English literature, this one-time pharmaceutical sales representative, tried her best to give her young daughter Elizabeth and baby son Devon as normal a childhood as possible despite the fact that the three faced each day battling Elizabeth's pediatric cancer.

Describing herself as a single mom with no close family in the area, Doxey first noticed there was something wrong when Elizabeth was 4 years old. It wasn't until she was 5 that she was officially diagnosed with alveolar rhabdomyosarcoma, (rhabdo) a particularly aggressive form of pediatric cancer affecting soft tissues of the body, such as the muscles and nerves. According to the National Cancer Institute, in the United States some 850-900 children and adolescents younger than 20 years of age are diagnosed with soft tissue malignant tumors each year, of which approximately 350 are rhabdomyosarcomas.

Elizabeth, whom Doxey describes as artistic and empathetic, fought bravely until the disease took her life



on Oct. 18, 2008. She was 8 years old. Her treatments took the family on a rollercoaster of multiple medical treatments including chemotherapies, radiation and multiple surgeries. They received state-of-the-art care at places such as the Maria Fareri Hospital at the Westchester Medical Center in Valhalla, The Dana-Farber Cancer Institute in Boston, Mass., and finally a two-month clinical trial at The National Cancer Institute, a part of the National Institutes of Health in Bethesda, Md. "Rhabdo is brutal, they call it the beast," says Doxey.

Even while Elizabeth was ill Doxey started participating in events to raise funds for pediatric cancer awareness and research. Elizabeth herself eloquently conveyed the message when she stepped up to the podium at a Relay for Life fundraiser in Yorktown Heights saying proudly, "Kids get cancer too." Doxey says pediatric cancer research needs funding since a vast majority of agencies focus on adult cancer. According to Doxey the organizations listed on page 28 are especially interested in helping pediatric cancer patients and their families. She invites you to get involved and give generously.

Makeover Magic

Lynn Dosey readily admits that she's a good candidate for a makeover. "I haven't cut my hair in two years, occasionally I'd take a scissor to the bangs by myself, but that's about it," she confessed. And nails, skin care or make up application have been out of the question.

She was ready for a change, but wanted something doable and simple. Richard Scott Salon and Day Spa in Mt. Kisco and KathrynEllen Makeup Studio and Gift Boutique located in the salon graciously agreed to donate their time and talents to update Dosey's look and brighten her day.

Hair

Master stylist and colorist Ricky Mason, an owner of the Richard Scott Salon and Day Spa, sat Dosey down for an initial consultation in the beautiful, classy and roomy salon. Mason suggested a single process coloring followed by a glaze. "Let's apply permanent color to the roots to cover the gray and a semi-permanent dye on the ends. Then, we'll use a glaze to enrich the color," he says. There's a real science to hair color. Mason, who likes to use Kérastase products, explains that glaze is high in protein and low in peroxide and ammonia so it will bring back life and shine to Dosey's hair.

As for the cut, Mason and Dosey agreed to keep her hair long, but add angles to create style. "We'll go for an updated manageable style, that suits her comfort zone," he says. After the cut, blow dry expert Guisell Arango took over to create the final look.

Makeup

Kathryn Weinberger, owner of the KathrynEllen Makeup Studio and Gift Boutique, took one look at Dosey's "beautiful fair skin and blue eyes," and knew her job would be easy! Using KathrynEllen makeup products she applied simple yet effective makeup, coaching Dosey on every step so she could recreate the look on her own. Weinberger started by applying concealer to the entire eye area. She applied a neutral base shadow to the eyes to set the concealer and then copper brown eyeshadows in the eye crease to create depth, followed by a navy eyeliner powder applied with a liner brush. Dosey particularly liked the eyeliner, noting that it opened up her eyes rather than closing them. Weinberger credits the brushed on powder liner technique for giving this soft, yet defined look. Blush in pinkish-brown tones was applied next with a final mineral powder foundation to finish off the look. Weinberger then applied KathrynEllen Primrose lipstick and used a lip liner after the lipstick application, which is contrary to what many people do, but it creates a finished yet, more natural look.

Skin Care and Nails

A skin-care consultation and a relaxing manicure and pedicure completed Lynn Dosey's day of beauty. As the photographs reveal, the care and expertise of these talented professionals improved not only to Lynn Dosey's overall look, but uplifted her spirit as well.

After



Ricky Mason, owner of Richard Scott Salon and Day Spa and Kathryn Weinberger, owner of KathrynEllen Makeup Studio and Gift Boutique making over Lynn Dosey.

The Transformation

It took just a few hours to transform Lynn Doxey from a mom who had spent the last three years caring for everyone but herself, to a lovely example of how a little time and effort can lift your spirits as well as improve your appearance. Doxey was thrilled with the results and grateful to the professionals who hosted her makeover. "Mom's can get lost in the shuffle," she says. As the photo reveals, she feels good to have found herself again.

Help with Your Donation:

- **Candlelighters** - www.candlelighters.org - Providing information and awareness for children with cancer and their families and supports ongoing pediatric cancer research. 800-366-2223.
- **CureSearch** - www.curesearch.org - An organization uniting the National Childhood Cancer Foundation and Children's Oncology Group. They are "committed to conquering childhood cancer through scientific discovery and compassionate care." 800-458-6223.
- **Liddy Shriver Sarcoma Initiative** - www.liddyshriversarcomainitiative.org - A nonprofit, all-volunteer organization dedicated to raising funds to support sarcoma (cancer tumor) research and sarcoma families. 17 Bethes Drive, Ossining, NY 10562. 762-3251.



After a three-year fight, Elizabeth Doxey, age 8, lost her life to alveolar rhabdomyosarcoma, an aggressive pediatric cancer.



Resources

- **Dana-Farber Cancer Institute** - www.dana-farber.org - 44 Binney St., Boston, MA 02115. 617-632-3000.
- **Maria Fareri Children's Hospital** - www.worldclassmedicine.com - Located at Westchester Medical Center, 100 Woods Road, Valhalla, NY 10595. 493-7000.
- **National Cancer Institute** - www.cancer.gov - Part of the National Institutes of Health. Provides comprehensive cancer information from the U.S. Government's principal agency for cancer research. 6116 Executive Boulevard, Bethesda, MD 20892. 800-422-6237.
- **National Institutes of Health** - www.nih.gov - Part of the U.S. Department of Health and Human Services, this is the primary Federal agency for conducting and supporting medical research. The main campus of the National Institutes of Health (NIH) is located in Bethesda, Md. 301-496-4000.
- **Richard Scott Salon and Day Spa and KathrynEllen Makeup Studio and Gift Boutique**, 15-17 South Moyer Ave., Mt. Kisco. 242-1700. www.richardscottsalon.com.

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